



Accredited Certification Requirements

Update v2.1 | October 2023

Upon completion of an EFT International Level 2 training course, students have the option of pursuing Accredited Practitioner Certification. In addition to completion of the Level 2 workshop, there is an extensive mentoring and assessment process for EFT International Accredited Certified EFT Practitioner membership.

To achieve the level of **EFT International Accredited Certified EFT Practitioner**, students must successfully complete the following minimum competency requirements:

- Pass the online multiple-choice Practitioner Exam via the EFT International website.
- Receive 6 hours mentoring (either 1-to-1 or in a group of 8 or less) with any EFT International Master Trainer (in the role of Mentor). Mentoring can be conducted in-person, over the phone or via webinar.
- Submit to Trainer a minimum of 4 case studies: 3 Client Case Studies (on separate individuals) and 1 Personal Case Study. Case studies must demonstrate competent, professional, and individualized* application of foundational EFT skills acquired during EFT Levels 1, 2 and 3 training and post-training practice and experience. *See *Case Study Guidance Manual* for further details.
- Provide an in-person OR audio OR video demonstration of an EFT session, and discuss this session with Trainer. This demonstration (and discussion) will count as one Client Case Study.
- Complete a minimum of 50 EFT sessions (or “practice hours”) working with at least 20 different individuals at the discretion of the Trainer. Each EFT session must be a minimum of 45-minutes in length.
- Complete any additional, discretionary requirements as outlined by the EFT International Master Trainer / Mentor during the certification process. Mentors may require additional client sessions / practice hours, 1-to-1 mentoring meetings or case studies as needed to complete their assessment.

Once the Candidate has completed all of the requirements and the Mentor is confident that Candidate has met the competencies and standards for Accredited Certified Practitioner Level

set by EFT International, Trainer will inform the EFT International (via Recommendation Form on website) that all requirements have been met. The Membership Secretary will then invite the Candidate (via email) to upgrade their membership on the EFTInternational.org website to Accredited Certified EFT Practitioner.

To maintain EFT International Accredited Certified EFT Practitioner status, members must fulfill annual CPD and mentoring requirements. CPD (Continuous Professional Development) is 30 hours of EFT-related study (e.g., videos, workshops, books, audio presentations, etc.). Mentoring is 6 hours annual mentoring (individual or group of 8 or less) with an EFT International Master Trainer / Mentor or Approved Mentor (an Accredited Certified Advanced EFT Practitioner who has been approved by EFT International to offer annual Mentoring).

Update Notes: Version 2.1 corrects title by adding 'Accredited', revises footer to meet global EFTi standard, contains minor formatting adjustments